



Son nom en béarnais est ***Paü***, de « pal » (pieu) . Le nom vient probablement de la racine pré-indo-européenne *pal / bal* signifiant rocher escarpé, ce qui correspond au site de l'implantation initiale.

A l'opposé de nombre de communes béarnaises, Pau n'a qu'une origine récente (Xe ou XIe siècles) et n'était au tout début qu'un poste de gué sur le gave, permettant notamment aux bergers ossalois en transhumance de gagner leurs terres des landes du Pont-Long.



[Orthez](#)



~~Franklin D. Roosevelt, 1933-1945, 1945-1953, 1953-1961, 1961-1969, 1969-1976, 1976-1981, 1981-1989, 1989-1993, 1993-1997, 1997-2001, 2001-2009, 2009-2017, 2017-2021, 2021-2025, 2025-2029, 2029-2033, 2033-2037, 2037-2041, 2041-2045, 2045-2049, 2049-2053, 2053-2057, 2057-2061, 2061-2065, 2065-2069, 2069-2073, 2073-2077, 2077-2081, 2081-2085, 2085-2089, 2089-2093, 2093-2097, 2097-2101, 2101-2105, 2105-2109, 2109-2113, 2113-2117, 2117-2121, 2121-2125, 2125-2129, 2129-2133, 2133-2137, 2137-2141, 2141-2145, 2145-2149, 2149-2153, 2153-2157, 2157-2161, 2161-2165, 2165-2169, 2169-2173, 2173-2177, 2177-2181, 2181-2185, 2185-2189, 2189-2193, 2193-2197, 2197-2201, 2201-2205, 2205-2209, 2209-2213, 2213-2217, 2217-2221, 2221-2225, 2225-2229, 2229-2233, 2233-2237, 2237-2241, 2241-2245, 2245-2249, 2249-2253, 2253-2257, 2257-2261, 2261-2265, 2265-2269, 2269-2273, 2273-2277, 2277-2281, 2281-2285, 2285-2289, 2289-2293, 2293-2297, 2297-2301, 2301-2305, 2305-2309, 2309-2313, 2313-2317, 2317-2321, 2321-2325, 2325-2329, 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